

NL SAILING TEAM CODE OF CONDUCT

As an athlete on the NL Sailing Team, I, ______, shall adhere to the following rules:

- 1. I am expected to act as an ambassador for my local sailing club, SailNL and the Province of Newfoundland and Labrador.
- 2. I am expected to be gracious in victory and defeat, be co-operative, sportsmanlike and always remain a team player.
- 3. I will not partake in unacceptable behaviors as listed in but not necessarily limited to this document or the Racing Rules of Sailing.
- 4. While attending a team event, I will not use or have in my possession alcohol or illegal drugs. If I am of the age of majority for that particular province/state, with the expressed consent of my parent / guardian, the Head Coach may make an exception for me in regard to the responsible consumption of alcohol.
- 5. I will not partake in any conduct not already mentioned that is serious enough to dishonour the team or myself.
- 6. I will conduct myself in accordance with the Sail Canada Youth Code of Conduct.

Disciplinary action(s) upon violation of Rules # 3, 4 and/or #5:

- 7. A decision to suspend, as well as the length of the suspension, may be at the sole discretion of the Head Coach or he/she may consult with the Team Manager or a designate board member. If a designate coach is in charge of the event where the infraction has occurred and the Head Coach cannot be contacted, the designate coach must consult with the Team Manager or designate board member before a suspension can be issued.
- 8. If other team members are using or possessing alcohol or illegal drugs, but are not caught, it will not impact the requirement for, or length of, suspension of the team member(s) who is/are caught.
- 9. The onus is on the SailNL coach or chaperone to alert the Head Coach of an infraction. A billeting family has the authority to inform the Head Coach if she/he witnesses alcohol or drug use with any of his/her billets.



- 10. The suspended athlete will not be allowed to complete the regatta/event, and may be sent home early at his/her own expense at the discretion of the Head Coach.
- 11. The Head Coach/designate or the Team Manager must phone the parent(s) of the suspended athlete if that sailor is a minor, as quickly as possible,
- 12. The Team Manager must send a follow up letter to the athlete/parent(s).

Alternative Dispute Resolution (ADR):

13. Once a disciplinary action has been issued, the disciplined athlete or the parent(s) of that athlete must abide by the decision or initiate the Alternative Dispute Resolution Policy, which includes Negotiation, Facilitation and Mediation, Appeal, and Arbitration.

Review and Approval:

14.	The Board of Directors of SailNL first approved this policy on April 5th, 2014. The next re-approval date is April 2015. The administration and review of this Policy is the responsibility of the Competition and Development Director.
I am awa will appl	are that if I break any of the rules mentioned above, the appropriate disciplinary action(s) y.
Athlete's	s signature:
Parent's	signature (if athlete is a minor):
Date:	